

# IDAHO

**I**NTERSTATE I-90

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CENTENNIAL Bike P**A**TH

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**DAY 75 Wallace to Coeur D'Alene Cedar Motel /RV pk**  
**June 18/08 Wednesday D79.56k M36.7 A14.8 PT5h21 tt 8h total 5552.9 km**

**Temp** Cool morning [5C in tent] heavy dew by 10 am 20C and up to almost 30C by afternoon

**Wind** I just don't want to think about the noise of the wind in our ears as it hits us in the face one more day!

**Food: Breakfast** yogurt/banana/cereal ;Ken's cheese sand and apple Coffee from the RV club in camp

**Lunch.**

**Supper**

**Road Conditions**

**Accommodation** Well you would think I would learn to look at these old motel/RV parks with a little more discretion! I picked a bad one... went in and paid...asked about the showers... didn't view first... she did say the tent spot had long grass... well weeds it has 2 feet high! Also old cupboards, boards broken picnic tables... shower house is a mess of dead flies... get the picture! I have written a scathing note! Ugly American #6... there are at least 10 empty R V spots with mown grass, but did she offer... no. I'm just too tired to complain so here we are watching the cyclists and runners go by. The water was hot!



**Overall** We left Wallace on the bike path under the I-90 to Osburn which has an RV park too. Stayed on the path mostly with I-90 in view to Silver Mountain ski hill in Kellogg. Really neat. The gondola starts right in town and goes to the top of the hill and I think there must be lifts over the other side. The gondola runs in the summer to take bikes up.

There are signs that say to stay on the path, eat at tables and wash your hands due to the contamination from the past mining here... a little disturbing but maybe they are being overly cautious. On to Pin Creek, Enaville and Cataldo [elevation 2140ft] which are mostly rest stops. The trail was closed at Cataldo due to flooding and they were repairing it so back onto I-90 on exit 40 to go up **Fourth of July Pass** elevation 3070 a gain of 2000+ft over 4 miles at 6% grade. Didn't seem too bad and the down hill was fabulous!!



Arrived into Coeur d'Alene and as one of the campers told us this morning, we looked for the bike path on the right side of the road... saw a rough path down to an underpass to get on it... I was very glad we did as about 2 km farther on there was the highest darn skyway I have ever seen with the I-90 having a wind sock on it... and I never took a picture! Anyways there is a Ironman Triathlon here on Sunday and you have never seen so much spandex going up and down the road!

We are in Idaho such a short time we will have to come back. This area is called the panhandle as it is the narrowest part of the state.



Camp spot a little in need of a mower!

**DAY 76 Coeur D'Alene Cedar Motel /RV pk to Riverside State Park Spokane Washington  
June 19/08 Thursday D77.2k M42 A15.3 PT5h03 tt 8h total 5630.1 km**

**Temp** Cool morning again, no frost or dew, warmed up to 28C Hot Hot we like it

**Wind** It just never stops blowing

**Food: Breakfast** yogurt/banana/cereal ;Ken's cheese sand and apple

**Lunch.** Stopped in Seattle for sandwiches at a pub

**Supper**

**Road Conditions** the bike path from Coeur d'Alene was great right to the city and even then easy to follow

**Accommodation** Well we tried to phone and reserve, but no such luck so we just chanced it and found a nice guy from California on a motor cycle that would share his site with us so \$10 as the CG is full until Tuesday

**Overall** started off not so good at the grubby Cedar Motel... I just might call the department of Health and report their wash house... I wouldn't want to hurt the people that have to live there though. I left a note with the keys to the wash house as I really couldn't see why she couldn't let us stay in a mowed RV site. Ugly American #6 award given to her!



The bike path runs all along the I-90 and the Spokane River which is in flood and absolutely beautiful. Lots of wayside tables and bathrooms. They do keep you away from the stores so hard to get a bite to eat. Continued on to the state line of Washinton/Idaho. Very nice Information center so we got updated on the Centennial trail thru to Spokane and as to where the State Park is. It is really nice to see all sorts of bicycle riders of all ages with friends and family out riding the trail. It is well marked overall with "bicycle symbol" I-90 signs. Spokane is a beautiful city that we just have to come back and discover another time. I just can't believe the trip is almost over!

Bike path and Mile 0 for Idaho/ Washington boarder



We intend to go back to Hwy 2 and out to Davenport tomorrow and then p to Gifford on Lake Roosevelt on Saturday.