

# Nova Scotia



Coastal towns of Nova Scotia. You have to love it!



## DAY Fourty Two Seven Gabels B&B Tignish NS to Elm River CG

Sunday August 30/09

D96.39 k A 16.4 M 44.6 PT5h52 AT7h OD2857.7 km

Wow what a day! Woke up a couple of times in the night with the wind howling around the Seven Gables B&B Rained a lot over night too. Got up and Terry made us delicious blueberry pancakes with an assortment of fruit/juice/tea/coffee all scrumptious... could barely roll out the driveway! Enjoyed talking with him and his wife Angela. She works as the manager of a Landmark Physio in Amherst so she drives to and fro every day. He is Mr Mom” for the B&B and a young 12year old. He grew up in Penticton BC and they moved out here I think about 8years ago? They are very good hosts, you would think they had been doing it forever. The house is about 150 years old but all kept up really nice with some nice antiques mixed in with flat screen tvs and a nice bath with each room. They have a nice shed for our bikes and are very accommodating receiving “wet” guests unannounced. Angels definitely !

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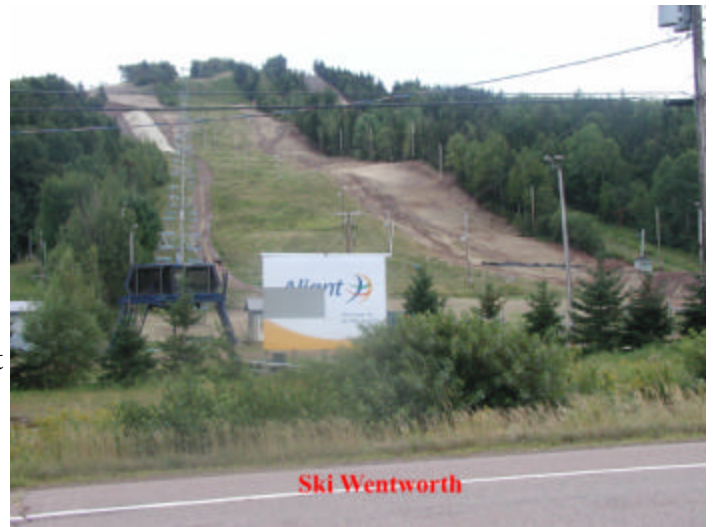
We headed off about 9 which is a little later than our usual, but no need for a pancake stop! We had the wind at our backs! Yippi! We made the 11km to yesterdays destination in no time and on to Pugwash... what could that name mean? Maybe something to do with the salt factory?

37.5km, 19.2/43.3 2hr  
Felt so good not to be struggling into the wind. There is a Coop grocery but it opens at noon on Sundays so off we went with no food to speak of

Great Bike storage out of the rain and away from the Racoons! Turned to hwy 368 and then 307 so the wind was a cross wind for a while... then onto the old TCH 4 and there is a Needs Store which had some really stale bagels which did for lunch at the store as they have tables for pizza and chicken that they serve. [63.4 17.9/44.6 3h33 They phoned the CG to check for us and they are still open. Met a fellow who gave up his car, lives by the ski hill and rides a bike or thumbs. Not our age yet.



Continued on for 30 more km got rather hilly going past the Wentworth Ski Hill... looks like summer grooming taking place. All the rivers are racing and the culverts are overflowing after last nights rain. Several chalets but not much development there. Up up Mount Foley to 770 ft easy grade from 140ft



Past Hilltop Good Sam CG... looks new and would have been a better choice... went on 5km to elm River Park and it is flooded... the river has over flowed its banks and there is water everywhere. I had to put on my crocks to get in to the CG and we found some high ground to put up the tent.... Why did she not say they were flooded when phoned? Why do we stop in these spots \$30 for a pup tent and you have to pay extra for internet , pool is not heated so water cold, the place is flooded.... The playground is flooded... last night there was a foot of water over 1/2 the site... I guess some tenters got wet and didn't appreciate... we could go back to Hill top, but we are here now and it is better than the ditch... we will do our wash and sit in the warm games room for a bit before hitting the hay. Tomorrow is another day... hope this is the end of the storms.

## . DAY Fourty Three Elm River CG to Laurie P park

Monday August 31/09

D84.8 k A16.1 M39.7 PT5h 10 AT7h OD 2942.2km



Rained a good deal of the night and got cold... 6C overnight but the river was down in the morning.

Left Elm River.... And stopped at Smitties for Ken's pancakes. Passing ++ corn and wheat fields, more than potatoes. Ground seems poorer after Truro. More dairy farms, cows and horses, even some sheep. "Old Money Farms" as the homes huge and old fashioned prior Truro.... What nationality came here and built these houses? Not the Scots.... Their homes don't look like this....



Via rail goes thru Truro at a rapid pace... didn't think we even had Via going anywhere any more. Truro was a large city with all the amenities... as we left the homes and area downgraded. Lots of guys repairing old cars for sale, redoing mobiles, building picnic tables for sale, birdhouses, all kinds of stuff. Became cottage country with acreages.

Arrived at the Prov park... outhouses, no showers, large treed sites on the lake, but drop off to the lake. Sunny all afternoon and no rain on us today.

Into the wind, or cross also... not too bad. Road minimal shoulder on old TCH with lots of rough patches.



Farm land



## **DAY Fourty Five Hubbard's Beach CG**

**Wednesday September 2/09**

### **DAY OFF HUBBARDS BEACH**

We had a lazy day sleeping in until the sun warmed our tent and then walked about to look at some of the beach cottages and then to the beach for a couple of hours... the wind was off the ocean and it was COLD so we went back to camp and sat in the sun in a sheltered spot.

We went to the Hubbard's Beach Shore Club started back in 1946 or so... they built this current building with the WW11 barracks etc lumber so the windows were made out of 2 panes of glass as the windows in the barracks were smaller. The main focus of the diner is Lobster, but they have a salad bar and made us a linguini, so we had more than enough to eat. It was a nice lazy sunny day, but we did not that the sun is going down earlier and it is cooler over night consistently. The Hubbards CG has been here for a very long time with a lot of seasonals and they own a lot of cabins and even charge for people to go to their beach.



Hubbard's

# DAY Fourty six Hubbard's Beach CG to Lunenburg Visitors CG

Thursday September 3/09

**D61 +6.27 A 14.3 M51.6 PT 4h16 AT 6.5h OD 3079km**

Just a note about our night visitor ... it was rustling in my vestibule to get my garbage bag with an apple core in it... he didn't smell to good either.... The tail was flapping against the 'fly' as I peeked out and saw it "prance" along the edge of the fence with tail up in the air.... A SKUNK Dagny! I think that is worse than a snake anyway!

Headed out from Hubbards to Chester.... It up up and down up and down with no views other than forest

@23km we stopped at a bakery [had to go 1.5k off road into town]. Chester looks like a town we could spend some time at... there is a nice Pr Park near hear too... another time

I'm a little grouchy....my legs are giving me grief... read a church sign: Attitudes are contagious... is yours worth catching?.... maybe not today! Not so hilly for the next 20km and more views of the ocean.



Mahone Bay

@44km we stopped in Mahone Bay for a picnic lunch of salad, humous dip veggies, avocado, tomato sands.... Yummie. This is the town with the 3 churches on the bay... St John Anglican, St James Lutheran and Trinity United all in a row... they play the bells at noon so we got to hear them... nice. Mahone Bay is a yuppie town with a few coffee spots and nice restaurants....



this is a must stop in Nova Scotia.... A great ride too.

Of we went again.. traffic lighter and right along the ocean a lot of the way... had to go up and over the cape though.... To Lunenburg which is a very hilly town right on the ocean.... 75% of the homes are restored from 17-1800... brightly painted... I wonder if they were back then ... I think not



I toured St John's Anglican church... it is the second oldest Anglican Church in Canada... 1754 It is gorgeous inside and out... it nearly burned down in 2002 and they have restored it to the original



Also toured one of the oldest homes ... the tour guide was from BC but he and his wife who is originally from NS moved back here and built a home in what was the garden area to the right of town. This town was very interesting. They surveyed the lots and then as people moved here back in the 1700 you were given a playing card with a lot number on the back and that was the lot you could have for your home. The lots by the water were not the ones anyone wanted as the ocean was "smelly" and unsavory characters hung out down there and it was noisy from the ships etc... now everyone wishes they had the lots on the water! The servants quarters were up in the third story or attic area with a staircase that went straight up like a ladder almost... there was no heat, but they did have a window. There are so many neat neat houses here... I could spend a long time just wandering and looking at them. The tour guy said they had only 50amp services once electricity came and now only 100 amp which is not much in todays standards... he just put in 450amp service into his house.



Can you imagine having to wear this dress out on the muddy streets of Lunenburg!

This house was neat everything in 4 Rooms on each floor, windows on each side [until the bathroom upstairs front]

We made a good supper and met a couple from outside Montreal that have one of those neat campers that look like a little "A" frame... it is really cute and lighter than ours.



Lunenburg from across the port



these are Rose Hips!



I can never resist the flowers



cute tent trailer all solid... no tent

# DAY Fourty seven Lunenburg Visitors CG to Fisherman's Cove at Hunts Point

Friday September 4/09

D78.82k A15.5 M36.5 PT5 h AT7h OD3156 km

Really glad to pack up and get away from the Mossies. Tent wet with dew. Up to a beautiful sunny day.

Left down into town and across the way over rolling hills, no shoulder on Hwy 3 with bush on both sides so no views. Got to Bridgewater @ 20km 15.2/36.6 has a super store... continued on until had to go on Hwy 3 TC for some 30km to Liverpool which is a nice town with more old houses @ 66km 15.8/35.9 in 4h... there were peaks of views. Hwy 3 was not great ... shoulder the width of Ken's butt oh well the butt of his bike with panniers... 2.5 ft... only saving was it's Friday and minimal traffic. This CG is \$27 with really nothing special other than another 20km to a Prov Park which may not have showers... nice showers with a inside spot to sit, laundry, firepits and picnic tables... no pool but a peak at the ocean. We cycled into a flag flapping slight wind so a little tired. Campsite filling up as this is the long weekend.... Hope we don't have any troubles tomorrow night!



Ken's barber stop



I didn't take a lot of photos, but the houses are all bright blues, greens and yellows and nothing left to be run down. More trailer homes which will not last as these other homes have... over 100 years most of them.

## DAY Fourty eight Hunts Point to Shelburne NS

Saturday September 5/09

**D61.12k +7k about town A16.2 M53.3 PT3 h40 A5Th OD 3218 km**

Oh what a day! Left Hunts point with sunny sky once again and a dry tent. Met a fellow cycling from St John NB who is out just for a 5 day trip solo.... His first loaded trip on a road bike with back panniers only... nice fellow about 15 years our junior.



farmer selling veggies... some with baking and I bought some home baked beans for supper... yum I counted the Timmies cups on the side of the road... 130 over a 50km spread.

It was rolling with a small shoulder with minimal traffic. We met a couple in Shelburne with a 1 and 3yr old in a trailer having come in 3 days from Yarmouth... we expect to go there tomorrow... so 100km for them in 3 days... they are from Gaspe.. Quebec and are headed to Halifax if they can make it... in 2 weeks... staying in cottages.. so one pulling the kids and one a trailer with stuff! Too dangerous I think



Should have gone on yesterday pm to the Port Moutan Hostel... it is a old school that is hostel on the main floor and craft/gift shop on the second.... Looks really comfy and nice.

@31k is Sable River which is a small spot with a Saturday Farmers market... only one

There is a walking tour of the old village where the Empire Loyalists came in the same year as Ken's family came from New York...I really enjoyed the couple of hours we spent on Dock St. some stuff you could go in , a lot is private homes. Stopped at a pub right on the docks with boat access, not quaint, but that's how it would have been. Incredible house for \$197 thou 3000 squ ft Victorian.... 1 block to the beach.... Wow! Is all I can say... if you want to live in a gorgeous spot but have no ties to the west!



I love everything about this place! The neat screen doors and a door to cover it for winter which opens with it. The colors of the houses although when left natural they look really nice too.

It is 3km to the CG which is right across the port from Dock St. This is the last weekend and it is full. Seems very early to close although the days are getting shorter and cooler overnight and school is back in. There was a couple with a older Trillium with a Tent on the side... she bought a screen tent enclosure and sewed zippers to join, snaps to hold over the upper bars, no floor.... I'm going to make one for our trailer.

## **DAY Fourty nine Shelburne NS to Loomers Camper Haven [Arcadia]**

**Sunday September 6/09**

**D96.51k A16.4 M45.7 PT5 h54 A7Th OD 3321 km**

Up to 8C in camp.... Cool with mossies! We packed up quickly and moved to a bench by the sea. Had a quick breakfast as long day ahead. Off on Hwy 103 with the wind. Got to Birchtown which was the site for the Black Empire Loyalists... must look this up on the internet. This was the largest settlement of Freed Blacks in North America.



Got hot fairly quickly. UP and down repeats 100 times at least. No services until 36km Barrington... 3 museums all closed until 1pm on Sundays... to bad the light house looked interesting...

Stopped at Ste Anne church in Ste Anne du Ruisseau... it is the oldest Acadian parish on mainland Nova Scotia founded in 1799...absolutely beautiful.

continued on to Pubnico which is the earliest Acadian site in Canada... only a gas station with donut for food... oh well went on to a picnic table and had sandwiches. No luck in Tusket the jail museum doesn't open on Sunday... it looked really interesting... got some bread for supper and headed to the campsite... we are only about 8km to Yarmouth, but that adds up to 16km if we went in for supper so a sandwich supper and a soak in the hot tub. This is a repeat for any cyclists we know... they have hike/bike sites... tiny ones at \$15 +tax Good Sam site



cute saying: Retirement is Twice as much husband on ½ as much money!